

How much do children need to eat?

What exactly does “healthy food” mean?

What can I do about my picky eater?

Do you have questions about nutrition and young children?

Join us for an informational session with
Joanne Csaplar, Pediatric Dietician and Nutritionist

Groton Community School Community Lecture

Thursday, March 1st, 7 PM
RSVP at (978) 448-6179



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