



## Guidelines

## Welcome to My Grown-up and Me!!

My Grown-up and Me is an interactive program for children and adults to *participate in together*. Activities include creative art projects, sensory play, dramatic play, singing, creative movement, musical instruments, stories, and some snuggling time, too. Each activity has a developmental goal to promote your child's social, emotional, cognitive, language, and physical development.

- My Grown-up and Me is *an introduction to school for young children not yet enrolled* in our Toddler or Preschool programs.
- The *program is designed for adult/child participation as partners*, therefore we ask that you make alternative arrangements for siblings (with the exception of quietly cooing infants).
- *Parents/Caregivers are responsible for the care and supervision* of their own children during class, including behavior management and diapering/toileting (there is a changing table available in one of our GCS children's bathrooms).
- My Grown-up and Me is not licensed by the Massachusetts Department of Early Education and Care, and cannot care for children separate from their parents/caregivers as in our other licensed Groton Community School Toddler, Preschool, Pre-K, Kindergarten, and childcare programs. *Children must remain with their accompanying adults*. Please be respectful of the other programs in session in the building.
- My Grown-up and Me will refund 50% of the enrollment fee for a given session with notification prior to the first class in that session. No refunds will be given once a session has begun.

**Feel free to ask an instructor or administrator if you have any questions.  
Wear comfortable clothes and come join in the fun!!**